

COUPLEHOOD AS A SPIRITUAL PATH

Your marriage or committed relationship can be one of the most accessible ways of experiencing God's love. As Christians, we enter into a relationship hoping that we can find the kind of love described in I Corinthians: "Love is patient, love is kind, it does not envy. It keeps no record of wrongs...." But no matter how hard we try, it's not always easy to "will" ourselves to love our partner unconditionally, the way Christ loves us. Achieving and sustaining this kind of love with your partner requires an investment of our time and energy.

Fortunately, many couples have found that it is possible to learn some practical and lasting tools for preventing or reversing relationship problems. Developed over the last three decades, Imago Relationship Therapy provides couples with such tools, while embodying a framework for experiencing richly—in your relationship—the good news of God's love.

Imago unlocks the sacred potential of Christ's love in your relationship

Keith Miller invites you to join him in Couplehood as a Spiritual Path, a short course that takes an inside-out look at the psychological and spiritual dynamics of intimate relationships using the Imago approach. You'll be introduced to a powerful skill that can radically transform the way you communicate and is an example of how to demonstrate Christ's love in difficult situations.

This interactive course will guide you in exploring:

- How intimate relationships go through stages
- How our childhood experiences are recreated (and can be healed) in long-term relationships
- A way of communicating that is a profound example of "loving your neighbor"
- How to develop and maintain empathy and compassion for one another
- The idea of "sacred space" in your relationship
- Being created whole in the image of God

**“Confess your sins
to each other, and
pray for each other,
so that you can
live together whole
and healed.”**

—James 5, The Message

Imago

COURSE DETAILS:

- Who is this for? Couples of any age, married, or in a serious committed relationship
- Location: Grace Episcopal Church, 1041 Wisconsin Ave, NW
- Meets eight times, 7-9pm, on consecutive Thursday nights from September 28-November 16
- Couples are asked to commit to attend all eight sessions
- \$300 cost per couple includes two workbooks and text by Harville Hendrix and Helen LaKelly Hunt.

**To register or for more information, call 202-449-3789 ext. 712
or email keithmiller@pastoralcounselingdc.com**

Keith Miller, MSW, LICSW, is a licensed Imago couples counselor and psychotherapist on Capitol Hill.

 **Pastoral Counseling**
and Consultation Center of Greater Washington
www.pastoralcounselingdc.com