



Surviving The Launching Years

Parenting Your Teen Through High School and Beyond

“How do I let go of my child without growing apart?”

Parenting teens during the years leading up to, and after, graduation from high school is a unique challenge. Creating an atmosphere at home that encourages trust and exploration without compromising your standards is a delicate art worth practicing and refining.

In this two-hour, interactive seminar for parents of teenagers approaching or engaged in “the launching years” of age 18-20, you will learn from other parents as you hear about:

- College admission and preparation
- Defining success in school
- The pros and cons of a “gap year”
- Transforming conflict into a blueprint for growth
- How to remain connected without growing apart
- How to live with an “emptier nest”
- Dealing with serious mental health issues in adolescence

Keith Miller, MSW, is a licensed psycho-therapist and Pastoral Counselor specializing in couples counseling. His many years of guiding parents and families toward connection and authentic relationship weaves together with his talent for dynamic and engaging presentation. He lives and works on Capitol Hill with his family.

“Parents and teens alike experience pre-launch jitters that can shake the very core of family life together.”

To bring this seminar to your church or group,
call 202-449-3789 ext. 712 or e-mail
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